

# Week 1

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## Introduction to Beaver Hangouts: *Coach Guide*

### Learning Goals

1. Students and coach will get to know each other
2. Students will be able to define “college”
3. Students and coaches will establish ground rules and goals of the class for the year

### Introduction (~5 minutes)

- **Welcome your classroom to Beaver Hangouts**
  - Introduce yourself to your students and give them a brief overview of your background. You may want to include things like:
    - Your personal background (How old are you? Where are you from? What was it like growing up there? Do you have any siblings?)
    - Your educational background (Where did you go to K-12 school? What were your favorite subjects and activities?)
    - Why did you choose to come to Oregon State University or college in general? Why was it important to you to continue your education after high school?

### Think, Pair, Share! (~5 minutes)

- **Interview Icebreaker**
  - Have each student stand up one at a time and share their name and what they want to be when they grow up.
  - Write list of each name to reference throughout the term.

1 MINUTE BREAK: HAVE STUDENTS STAND UP AND HIGH FIVE SOMEONE IN THE ROOM AND FIND A NEW SEAT, OR SOMETHING SIMILAR.

### Pre-Program Survey (~15 minutes)

- **Survey**
  - Follow the directions on the survey.

### Activity (~5 minutes)

- **Ground Rules**
  - This is an opportunity to get students involved with establishing ground rules for the year. Begin by asking students why it is important to have rules. (ie: to know what behaviors are acceptable, to prevent arguments, to keep everyone safe, etc.)

- Have the students come up with some rules. (These might include: raising your hand when you have something to say, standing up or coming up to the camera when it's your turn to speak, keeping questions appropriate and on task, etc.)
- Write these rules down on a big piece of paper. We can post the paper in the background of the Skype session so you can reference it at any time.

**1 MINUTE BREAK:** HAVE STUDENTS STAND UP AND HIGH FIVE A DIFFERENT PERSON AND FIND A DIFFERENT SEAT THAN THE ONE THEY SAT IN BEFORE.

## Lesson (~10 minutes)

### ➤ What is College?

- Ask students to raise their hand if they have heard of the term “college”. If so, call on someone to define it. **Definition:** *A place to continue your education after high school.*
- Ask students to write down a few things you might see or do at a college.
- Tell students there are many different types of colleges, but for right now we are going to just focus on Oregon State University, because that's what you know best. Describe the sights and smells of OSU. What does it look like? Who goes there? What do you do? What are classes and teachers like? Are the students nice? Etc.

### ➤ Similarities between a 5<sup>th</sup>/6<sup>th</sup> grader and a college student

- Read story on handout about your new friend “Beaver Joey”. Ask students to listen carefully because Beaver Joey has noticed some things that are different at college.
- Go through each of the statements on the handout and have them decide whether it applies to students in Elementary School, Students in College, or Both.

### ➤ Alternative Activity: Learning Goals

- Talk about some of the topics you are going to cover during your Skype sessions this year.
- Ask students to write down three things they would like to learn more about this year, regarding college, careers, etc. Have them share.

## Wrap up (~5 minutes)

- Leave some time at the end of the lesson for students to ask you questions about what it's like being a college student.