Who can I go to for help?

• Each group has a mystery person on their card who offers unique types of helps for students in college.

• The coaches’ job is to ask yes or no questions in order to identify the mystery person.
RECAP

PROFESSORS

◊ Professors are professionals who are your primary contact for the class you are taking.

◊ Attending office hours is a good way to build a good relationship with your professor, especially if that class is a large lecture hall. Establishing a strong network can help you feel more comfortable on campus and increase your career prospects for the future.

◊ Although they seem intimidating, professors genuinely enjoy getting to know students!

#ILookLikeAProfessor

I teach 20th & 21st century British & Anglophone literature at Stockton University. I also teach race and ethnic studies, feminism, postcolonial studies and digital humanities.

Adeline Koh
@adelinekoh

#ILookLikeAProfessor! Let's showcase how diverse the professoriate is! #DoesNotComeWithElbowPatches

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TEACHING ASSISTANTS (T.A.)

◊ TAs are graduate students who help students in classes by teaching the lecture, hosting office hours, and grading assignments and exams.

◊ A lot of students find TAs more approachable than professors due to their being close in age and smaller classrooms.

◊ TAs can help with explaining material from class and offer a different perspective from the professor.

Daniel Cardenas is a graduate teaching assistant working with the Longhouse staff. (photo: Theresa Hogue)
RESIDENT ASSISTANT (R.A.)

◊ RAs are students just like you who are responsible for creating and maintaining emotionally and physically safe and secure residence halls.

◊ RAs are there to assist residents with academic, health and wellness, safety, and other questions or concerns. They can offer tips for navigating the logistical and emotional components of college.

◊ RAs are trained to be “Gatekeepers”, peer consultants and confidants for suicide prevention.
COMMUNITY RELATIONS FACILITATORS

- CRFs are students just like you who work to promote inclusive and welcoming communities in the residence halls, cooperative houses, and dining facilities through facilitated workshops and programs.
- CRFs work and live within the residence halls and operate in the cooperative houses to lead discussions and activities around issues of diversity and social justice.
- CRFs act as liaisons for the six cultural resource centers on campus.

2015 CRF Staff at OSU
RECAP

ADVISOR

◊ Advisors are faculty members who can help you pick out classes, plan for the future, and listen to your needs.

◊ Students should meet with their advisors regularly to build a good relationship, as advisors are powerful resources for academic and personal help.

◊ Advisors can provide letters of recommendation for internships, jobs, or professional schools. Just like professors, advisors may seem intimidating, but it is their job to help you!
ACADEMIC COACH

◊ Coaching provides a partnership between students seeking to improve their study strategies and peer coaches who are trained to listen and ask thought-provoking questions.
◊ Peer coaches are students just like you!
◊ Peer coaches are trained to help you develop strategies for time management, test preparation, test taking, procrastination, and stress reduction.